

Algonquin Youth Wrestling Clinics

Tuesdays and Thursdays, 6:30pm – 8:00 pm
December 2 through February 10 (18 sessions)

At

Algonquin Regional High School Wrestling Room
Learn the Sport of Wrestling and Have Fun!



For 5th – 8th Graders

Coach Adam Quitt

Clinic Director & Algonquin Wrestling Head Coach

Program Features (No Previous Experience required):

Through high energy, fun-filled sessions your child will learn amateur wrestling techniques as well as develop balance, flexibility, coordination, body awareness and self-confidence.

Sessions will be run by the Algonquin High School Coaching Staff.

Wrestling Tournaments will be available throughout the season for interested wrestlers.



Clinic Application

Name _____ M ___ F ___ Grade _____

Address _____ Town _____

Phone _____ Age _____

Email (please **print** clearly) _____

T-shirt for each participant! Size: ADULT: Sm Med Lg XL

I, Parent/Guardian agree, by enrolling my son/daughter, that he/she is physically and mentally able to participate in all of the Camp's activities. In case of medical emergency and I cannot be reached, I hereby give permission to the physician selected by the staff to hospitalize and secure medical treatment for the child. I understand that my medical insurance is expected to cover my child for injuries. I agree not to hold the ARHS Wrestling Camp, its management and staff, and/or ARHS, its management and staff, responsible for any athletic, dental, or bodily injury that may occur to my son/daughter while attending Camp. I realize and acknowledge that ARHS is not sponsoring this Wrestling Camp.

(Parent or Guardian Signature)

(Parent or Guardian Printed Name)

TUITION: \$140 registration (Checks payable to ARHS Wrestling Boosters)

MAIL by November 26th to: Katarina Wrin, Wrestling Boosters Rep.

67 Pine Hill Rd
Southborough, MA 01772

Any questions, contact Katarina Wrin at wrinkat6@aol.com or 508-879-0001

Please note any medical conditions on reverse that may affect your child's participation: