



PROGRAMS/EVENTS FOR THE REMAINDER OF THE SUMMER

Egyptian Dig Buries Treasure Digs \$140

Grades 1 to 5

Monday to Friday

August 6 to August 10

9am to 12 pm

South Union (Recreation Building)

Sciensational Workshops

Children discover the amazing science of Archaeology as they uncover ancient artifacts. In doing so, we will learn about Egyptian life. We will excavate with tools like real archaeologists uses. We will find the following artifacts as we excavate a scarab (what's that?), hieroglyphic tablet, ankh symbol and a jackal. You will learn about this and even take home a booklet. The artifacts are yours to keep. We will wet the sand that we dig into and create one of two sand sculptures for display. You can make a pyramid as well as a sphinx. Let's go back in time with hands on archaeological experience!

Baseball Clinic \$155

Entering Grades 1 to 5

Monday to Friday

9am -12:30 pm

July 30 to August 3

Finn Baseball Field

Baseball Coaches Academy

These camps are designed to re-enforce baseball FUNdamentals for recreational and competitive players of all skill levels. Every player will get personal attention to work on their individual strengths and weakness. Daily emphasis will be on hitting, throwing mechanics, infield and outfield play, pitching and game competition daily.

Rainy days are held at the Ashland Facility. Participants should bring water bottle and sunscreen.

Engineering FUNDamentals With LEGO**Cost \$150/pp****Ages: 8 to 11****Dates: Monday, July 30 to Friday, August 3rd****Location: Recreation Building****Time: 1pm to 4pm**

Students take on real-life engineering challenges that explore concepts in physics, architecture, mechanical and structural engineering with over 100,000 pieces of LEGO material. From racecars to Battletracks, this is a hands-on and minds-on program suitable for LEGO novices to "maniacs." Designed by engineers, the curriculum challenges new and returning students to reach the next level of engineering comprehension, all while having fun.

Kangaroo Clinic *Field Hockey Skills Camp***\$250****Ages: Entering Grades 7 to 12****Days: Tuesday to Friday****Time: 9:30 am to 4pm****Dates: July 31 to August 3****Location: 911 Memorial Field****Instructor: Kangaroo Clinic**

Operating since 2002, Kangaroo Clinics is a unique concept where highly skilled and experienced coaches provide a tailored program to meet the needs of high school teams, as well as individual players. There will be individual skills sessions as well as group skills, set play development and strategy sessions to involve as many skills as possible each day. Goal keepers will also receive specialized one-on-one instruction on skills and techniques necessary to play vital positions. Coaching staff includes David Mike, Clinic Director/Head Coach from Australia and as well as other international coaches. Each participant will receive a Kangaroo Clinic t-shirt. This program is not available to register online. Please make checks payable to "David Mike". Participants should bring shin guards, sticks, mouth guards, appropriate shoes, water bottle, lunch, 2 snacks, sunscreen

Remaining Programs for the summer!!!

American Red Cross Babysitting**\$ 95****Ages: 11-15****Time: 9am to 3:30****(please pack a lunch for a 30 min lunch break)****Session 1: Friday, April 6****Session 2: Monday, August 27****Instructor: American Red Cross**

Location: South Union (Recreation Building)

Min 5 /Max 15

Designed for the 11 year old and up who wishes to learn how to care for infants and children. The course is fun and fast paced with hands-on activities, exciting video, role-plays and lively discussions. You will learn to be the best babysitter on the block. You will gain confidence to make smart decisions and stay safe in any babysitting situation.

Topics to be covered are : supervise children and infants; perform basic child-care skills such as diapering and feeding; choose safe, age-appropriate games and toys; handle bedtime and discipline issues; identify safety hazards and prevent injuries; care for common injuries and emergencies such as choking, burns, cuts, and bee stings; communicate effectively with parents; find and interview for babysitting jobs.

You will receive a Babysitter's Training Handbook, Babysitter's Training Emergency

Reference Guide, and Babysitter's Training CD-Rom.

Girls Advanced Camp - Volleyball

Cost \$155

Dates: August 6 to August 10

Time: 5pm to 8pm

Ages: High School

Instructor: Leo Fahey/ Scott Blanchard

Location: Algonquin Regional High School

This clinic is designed for players who have played on JO or club teams. This clinic will cover intense aggressive drills designed specifically for players position. We will focus on increase explosive power, vertical jump height, stamina and speed agility around the court. We will cover team concepts and defensive training. There will be game like scenario drills that require good skill sets.

Remaining weeks of Youth Tennis Lessons

Week 5: July 30 to August 2

Week 6: August 6 to August 9

Remaining Weeks of Golf at Juniper Hill

Session 6-July 30 to August 3

Session 7-August 6 to August 10

Session 8-August 13 to August 17

Remaining weeks of Swimming Lessons at McCarthy Pool

Session 5-July 30 to Aug 2

Session 6-Aug 6 to Aug 9

Session 7 - Aug 13 to Aug 16

Session 8 - Aug 20 to Aug 23

Half Day Summer Camps at Finn & Woodward - Ages 2.9 - Grade 5

There is room in all the remaining weeks....

Week 6: 7/30- 8/3 Get Moving!!! Get Healthy Special Guests, Southborough Resident & Active Soles Owner Patty Howard; Southborough Resident & Recreation Tennis Instructor Jeff Beane. Former Southborough Teacher & Owner of Sabine's Cuisine, Sabine St Pierre. In addition to regular activities, but not limited to, highlights include exercise through fun games, tennis clinic, dance and creative movement. Also learn to prepare easy and fun healthy foods and snacks.

Week 7: 8/6- 8/10 Learn about Animals Week Special Guest Animal Craze Traveling Farm; In addition to regular activities, but not limited to, extra highlights will include a visit from a local petting zoo...meet your favorite animals up close. Other activities include bringing your favorite stuffed animal to camp to dress up and decorating your own stuffed animal.

Week 8: 8/13- 8/17 Carnival Week: Special Guests Magic World Amusements: Southborough Substitute Teacher & "Beasties" Artist Ray LaChance. Beasties go to the Carnival!!! We will use this week to prepare for a big carnival that you will create for the last day of camp. In addition to regular activities, extra highlights will include but are not limited to, fun carnival games and crafts. Painted faces everywhere! Frolic in the bubbles from the giant bubble machine.