



Woodward RAP

Fall Session 1 2017

September to October

Registration Begins: Monday, August 28, 2017

Registration Ends: Friday, September 8, 2017

- 3 Ways to Register:
1. Online at <http://southborough.recdesk.com>
 2. Mail in form to Recreation Office, 21 Highland Street
 3. Walk in form to Recreation Office

Participant Name: _____ Bus #: _____ Ext Day after RAP class: Y or N
 DOB: _____ Grade: _____ Teacher: _____
 Address: _____ Email: _____
 Home #: _____ Work #: _____ Cell #: _____
 Allergies/medical/special concerns: _____
 Check here if you do NOT wish your child to be photographed for publications. _____

- Do not send registrations to school, this will delay your enrollment.
- Make checks payable to "Southborough Recreation".
- Send a note to the teacher on the first day of class.
- Please send a "peanut free" snack with your child.
- Check emails for confirmations, cancellations, and updates!
- No refunds or exchanges except with a doctor's note. A \$20 processing fee will be applied for any changes.
- Please pick up promptly, a late pick up fee of \$5 will be assessed 5 minutes after the end of every class.

Please circle your selections in the boxes below: (Program descriptions and details on back)

Monday 9/11, 9/18, 9/25, 10/2, 10/16	Tuesday 9/12, 9/19, 9/26, 10/3, 10/17	Wednesday 9/13, 9/20, 9/27, 10/4, 10/11	Thursday 9/28, 10/5, 10/12, 10/26 <small>(last 2 classes will be 1.5 hours long)</small>	Friday 9/15, 9/22, 9/29, 10/6, 10/13
Floor Hockey \$75	STEM Engineering A Pirates Quest (lvl 2) \$95	Basketball \$85	STEM Goes STEAM \$90	Photo Fun \$85
Expressions KIDS \$115	Chess Wizards \$85	Healthy Life Skills \$75	Learn to Sew <small>(transport included)</small> \$135	Indoor/Outdoor Games \$75
Business Sharks \$90	Dodgeball \$75	Karate \$85	Flag Belt Games \$75	

STUDENT AND PARENT COMMITMENT

My child has my permission to participate in the RAP class selected above. I understand that it is my responsibility to arrange for my child's safe and on time transportation home at the end of class. In the event that the program takes place off school property, I give my child permission to travel to and from the off-site activity in a recreation sponsored vehicle or private vehicle. I further agree to hold the Recreation Commission and the Town of Southborough together with its agents and employees jointly and severally harmless for any injury or accidents sustained during the transport. I agree not to hold responsible the Southborough Recreation Commission; the Town of Southborough; the owners of the premises where the program is held; or any of the parties connected with the program for any injury or accident that may occur during the program. I have read the student behavior policy from the website, regarding participation in any RAP program and have reviewed it with my child. In the event of an emergency, I give authorization for emergency transportation and medical treatment. I understand that I will be notified prior to transport if possible.

Signature Parent/Guardian _____ **Date** _____

Program Times are 3 to 4pm unless otherwise noted. Please read each program description carefully regarding pick up and transport information.

Woodward RAP

Program Description

- Floor Hockey** **Instructor: FAST Athletics** **Min 10/Max 20**
 Hockey season is over, what to do?? Come join F.A.S.T. Athletics for some street hockey fun. Fundamentals of hockey will be taught along with good sportsmanship and rules. After the instructional period is over, each day will end with a good old fashion street hockey game
- Expressions KIDS** **Instructor: Expressions Art Bar** **Min 6/ Max 15**
 This super fun and creative after school painting class is led by local artists from Expressions Art Bar. Every week we have a new project theme and your child will bring home a finished masterpiece. We provide all of the supplies including smocks
- Business Sharks** **Instructor: Right Brain Curriculum** **Min 7/ Max 16**
 In our Business Sharks class, students play the role of young entrepreneurs as they start with the germ of an idea for a product and business and take it through the entire entrepreneurial process. Our students develop prototypes, formulate a business plan and devise a marketing strategy. Meanwhile, students learn through contextual lessons on concepts such as wages, profits and branding while designing print ads, acting out "TV commercials," researching real estate locations and designing their storefronts. The class concludes with our young executives pitching their ideas to a "Shark Tank" of parents. These young entrepreneurs will really be taking care of business!
- STEM Engineering –A Pirates Quest (level 2)** **Bricks 4 Kidz** **Min 6/ Max 16**
 Join us in this fun, hands on STEM workshop as we use LEGO Technic Bricks, motors and battery packs and Bricks 4 Kidz unique model plans. Come build a new model each week including a motorized pirate ship, catapult, a swinging anchor and more. An easier and a more complicated version of each model is available for different skill levels. Once completed, add your own crative touches and experiment. At Bricks 4 Kidz WE LEARN, WE BUILD, WE PLAY with Lego Bricks!
- Chess** **Instructor: Chess Wizards** **Min 6/Max 10**
 Chess Wizards is a premier chess education company providing fun, informative and challenging chess lessons to students. Chess Wizards teaches children many important life concepts, such as learning the ability to win graciously and accept defeat with dignity and sportsmanship. Students will be divided into groups according to their chess experience. At the end of the session, each student will have had the chance to participate in a mini-chess tournament.
- Dodgeball** **Instructor: Tiffany Goode, WW Gym Teacher** **Min 10/Max 23**
 Soft foam balls are used to test your skill at outmaneuvering your opponent. Students will learn about safety, proper throwing techniques, and strategies of the sport. Different dodge ball games will be taught.
- Basketball** **Instructor: Game Time Training** **Min 10/Max 24**
 Join the Game Time Training and their staff of experienced coaches for our Bidy Ballers Program. This program is focused on developing skills and fundamentals for boys and girls in the 2nd and 3rd grade. Skills emphasized will include defense, ball handling, shooting, and passing. Participants will also play "small games" -1 on 1, 2 on 2, 3 on 3, to help reinforce the skills taught. The GTT staff makes learning the game fun with interactive drills, music and ENERGY!
- Healthy Life Skills** **Instructor: Nikki Sawhey, New England School of Protocol** **Min 5/ Max 10**
 Present your child with the opportunity to feel self-reliant and confident in any dining and social situation by taking interactive lessons taught by a certified etiquette consultant. Children will learn proper etiquette to make them confident, considerate, and respectful to others and will play a large part in their growth and development. Children will gain the skills necessary to empower them with confidence and interpersonal skills. Topics include: rules of introduction, making eye contact, shaking hands, telephone etiquette, recognizing and handling emergency situations, gift receiving etiquette, writing thank you notes, table manners and more! Some food items will be served during class so children can practice what they learn.
- American Free Style Karate** **Instructor: Richard Castetter, CV Martial Arts** **Min 10/Max 20**
 This program is a blend of the best Martial Arts from Karate, TKD, Muay Thai, Jiu-jitsu, Kempo, Krav, Maga, KungFu with an emphasis on teaching safety and life skills. Students will get physically fit while having fun and learning valuable self defense skills, appreciate the value of hard work to achieve worthwhile goals, anti-bully program, practical self defense and martial art games.
- STEM goes STEAM** **Instructor: STEM Beginnings** **Min 7/Max 12**
 Integrating Arts into STEM (Science, Technology, Engineering, and Math) It will be a fun program that aims to develop creativity, problem solving, critical thinking, communications, self direction, initiative, and collaboration.
- Learn to Sew** **Instructor: Sew Studio Staff, Southborough** **Min 5/Max 10**
 Come learn to sew! In this class, you will learn the basics of a sewing machine which include threading, trying different stitches and safety. We will also practice some hand stitching. Projects will be cut and ready to sew with different fabric choices. You will complete three projects in the session to take home and enjoy! **Class is held at Sew Studio, 155 Boston Road, Southborough. Class Time 3:15 to 4:15pm. Please pick up promptly at 4:15p.**
- Flag Belt Games** **Instructor: Tiffany Goode, WW Teacher** **Min 10/Max 23**
 You will learn game strategies, catching techniques and most importantly how to work together as a team. The students will be able to participate in different situational games such as Red Zone Defense, fourth and inches, and The QB Challenge as they learn the importance of fair play. Each class will end with a simulated game broken down into 4 quarters – the coaches will have tons of plays ready to go for their teams!
- Photo Fun!** **Instructor: Chelsea Bradway, Camp Supervisor** **Min 8/ Max 12**
 Grab your camera! (all kinds are welcome!) even camera phones. We will work on capturing moments around the school grounds. Our focus will be on composition, lighting and creativity. Come and have fun learning how to create gorgeous photos
- Indoor /Outdoor Games** **Instructor: Tiffany Goode, WW Teacher** **Min 10/Max 30**
 Have fun playing all different types of Indoor and Outdoor games such as Dust Ball, Breakout, Doink Ball, Anything Goes, and many others. There will be cooperative games and initiative games for students to work with one another, solve problems and work as a team. Exercise, practice and improve skills as your play a variety of games with all your friends.