

ALGONQUIN TRACK & FIELD CAMP



ONE WEEK ONLY

MONDAY, JULY 12 – FRIDAY, JULY 16

9:00 AM – 12:00 PM

LIMITED TO THE FIRST ONE HUNDRED ATHLETES

BOYS & GIRLS CURRENTLY IN GRADES

K - 8

REGISTRATIONS MUST BE RECEIVED BY

JULY 6, 2021



ARHS TRACK & FIELD CAMP

ONE CHILD PER APPLICATION

Parent's Last Name: _____ Parent's First Name: _____

Mailing Address: _____ City: _____ Zip Code: _____

Home Phone: (____) _____ Cell # (____) _____ E-Mail address: _____

Athlete's Last Name: _____ Athlete's First Name: _____

Current Grade in School _____ Gender: M / F

T-SHIRT SIZE; YOUTH M L ADULT S ___ M L XL

Cost for week \$125 – 1st child \$115 – 2nd child \$110 – 3rd child Family Max -\$350

ALL REGISTRATIONS MUST BE RECEIVED BY July 6, 2021

NO REFUNDS AFTER JULY 9, 2021

Make checks payable to: Algonquin Track Camp

Mail to: ARHS Track Camp
C/O Coach Boschetto
58 Pinehurst Ave.
Auburn, MA. 01501

May we use your child's picture: Yes _____ No _____

Medical Treatment Authorization

I hereby authorize the staff of Algonquin T& F Camp
to provide medical care that includes routine medical
treatment as necessary to my minor son/daughter.

Signature: _____ Date _____

Physical conditions that the staff should be aware of (allergies, recurring illnesses, disabilities, chronic illnesses, etc.)

Name of family physician: _____ Phone no. _____

Please indicate HMO PPO

Insurance company name and address _____

City _____ State _____ Zip _____

Policy subscribers name: _____

Emergency contact name _____ Phone No.: _____

JULY 12 – 16, 2021

Camp Staff:

Andy Boschetto:

Head Track Coach Algonquin H. S.

Asst. Football Coach Algonquin H. S.

Certified: Bigger Faster Stronger; Certified Throws Coach

Ken Morin

Head Boy's Soccer Coach - Algonquin H.S.

Certified: Bigger, Faster, Stronger

Staff includes track coaches, past and present members of the Algonquin Track team.

AT THE CONCLUSION OF THE CAMP ADULTS ARE REQUIRED TO PICK UP CAMPERS ON THE TRACK.

(no camper aloud to leave the infield without an adult)

For more info call:

Coach Andy Boschetto: (508)832-8580

Cell# (617) 571-9517

e-mail abcoachtf@gmail.com

Coach Ken Morin:

(508) 460-8993

Cell# (774) 248-5266

DAILY SCHEDULE:

Please have campers arrive by 8:45 each day

Monday thru Thursday 9apm. - 9:20 am. Warm-up and stretch

9:25 am. - 11:40 am. 22 minute stations including: throwing, jumping, running, and hurdling

11:40am. - 12:00 pm. Cool down and stretch.

There are 10 events in total. An athlete will do 5 on Mon. & Weds. The other 5 on Tues. & Thurs.

Friday: 9:00 am. - 9:15 am. Warm-up and stretch

9:15 a m. - 12:00 p m. **TRACK MEET** (All athletes will compete in the events)

12:00 pm. Award Ceremony DEMONSTRATION BY HIGH SCHOOL ATHLETES

**All groups are set up by GRADE
There will be no changing of groups.**